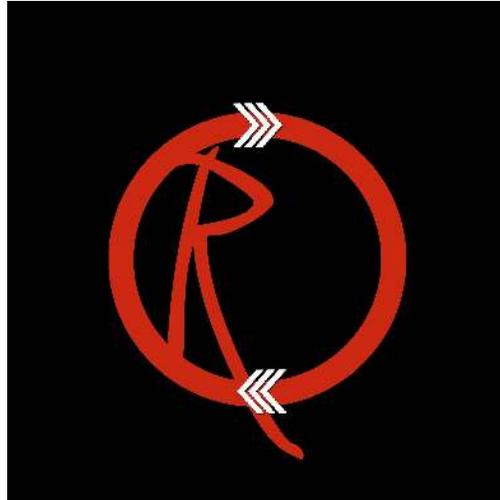


RupLoops



The Human Radio -STUDY GUIDE



PROLOGUE
to the Performing Arts
• aux arts de la scène •

RupLoops

The Human Radio

RupLoops the Human Radio is an interactive, live looping performance, using vocal percussion, rhythmic rhymes and an arsenal of eclectic instruments from around the globe. Rup utilizes his diverse skills as a musician to create a pulsating, entertaining and engaging musical experience. He is a gifted educator and performer and has a deep passion for intercultural work and intercultural sounds. For almost a century we have been tuning into radios to be informed and entertained. The Human Radio will take you on a journey of sound exploring anatomy, geography and culture. Let's investigate the brilliant design of our auditory and aural systems that allow us to create and listen to music. Through body percussion and beatboxing, Rup demonstrates and teaches how the human form is indeed a musical instrument. With a mix of hip-hop, blues and bhangra, The Human Radio tunes into themes of home, identity, culture, justice, dignity and celebration.

Tables of Contents

Cover Page	1
Show Synopsis/ Table of Contents	2
Artist Introduction and Artist Biographies	3-4
PreShow Activities	5
Post Show Activities / Contact	6-7
Back Cover	8

RupLoops

Introduction

RupLoops has toured to hundreds of schools in western Canada and numerous festivals across the country over the last 7 years. He is excited to have the opportunity to bring his critically acclaimed show to Ontario audiences.

Get ready to tune it and turn it up!



Artist Biography

Rup Sidhu is an interdisciplinary artist and facilitator residing on the unceded territories of the Musqueam, Skwxú7mesh and Tsleil-Waututh nations (Vancouver BC.) As an artist Rup's work reflects his upbringing and is a cultural hybrid of musical expressions ranging from groove oriented hip hop beats, to contemporary fusions of classical ragas; remixes of vintage bollywood tunes to ambient creations. He has been nominated for both Leo and Jesse awards for his original compositions for dance,

theatre and film productions. Rup has produced fourteen albums with emerging artists, including Shane Koyzan's debut release *American Pie* and PIQSIQ's debut album *Altering the Timeline*. Rup's solo family oriented project *RupLoops* has toured internationally and across Canada, logging over 500 performances to date, in schools, theatre's and festivals to critical acclaim. Current collaborative projects include: *Aluma Sound*, *Jhalaak*, *Vox.Infold* and *Ruby Singh and the Future Ancestors*.

Sidhu's creativity crosses the boundaries of music, poetry, visual art, photography and film. His expressions engage with mythos, memory, identity, justice and fantasy; where the surreal can shatter the boundaries of the real. As a composer and sound designer he has worked with theatre and dance companies across Canada, as well as creating numerous scores for the National Film Board and other independent films to critical acclaim. Singh's personal and collaborative works have been presented across Turtle Island, India, Germany and the UK.

Rup has shared stages with and performed alongside the Wu Tang Clan, Chugge Khan, Rajasthan Josh, Tanya Tagaq, Shane Koyzan, DubFX, Coleman Barks, Aja Monet, Michael Franti, and Talvin Singh. Performance highlights include the Jaipur Literature Festival (Jaipur, India), Winnipeg Folk Festival, Aga Khan Museum (Toronto, Canada), World Body Percussion Festival (Toronto, Canada), Globalquerque (New Mexico, USA), Indian Summer Festival (Vancouver, Canada), Mehndi, Masala, Musti (Toronto, Canada), Stern Grove Festival (San Francisco, USA), Vancouver International Children's Festival, Vancouver International Storytelling Festival, Vancouver International Jazz Festival, New Forms Festival (Vancouver, Canada), Oregon Country Fair (Eugene, USA), Fete de la Musique (Berlin, Germany), Fusion Festival (Berlin, Germany).

As a facilitator, Rup's work meets at the intersection of social justice and the arts. For the past 20 years he has been growing his understanding and leading workshops based in anti-oppression and liberation based practices. He has facilitated and taught programs in universities, public schools, youth prisons, and communities throughout Canada, USA, UK and India. Rup brings a focused presence, strong leadership skills and a contagious enthusiasm, which effectively engages, inspires and guides participants through his process oriented work.

Pre-Show Activities

Live looping

is the process of recording sounds and having them play back in a loop. The technology used is called a phrase sampler or looper. Multiple layers can be added or taken away, providing endless possibilities for creative expression. During the show can you spot when RupLoops has created a loop and is layering on top of it?

Beatboxing

is a form of **vocal percussion** primarily involving the art of producing **drum beats**, **rhythm**, and **musical** sounds using one's mouth, lips, tongue, and **voice**. During the show be sure to follow along with RupLoops' Beatbox lesson for the whole school.

The Message

Throughout the show themes of home, identity, culture, justice, dignity and celebration are weaved in through song lyrics and interactive exercises. Listen to a few songs off the Human Radio album and find what messages resonate with you. The Human Radio can be streamed on all major platforms.

Links to Curriculum

Music:

call and response, body percussion, beat box lesson and rhythm theory.

Social Responsibility:

human rights, migration, home, social and environmental justice.

Language Arts:

literacy, rap, spoken word, poetry, meter and rhyme

Pre-Performance Discussion Questions

What forms of music move you and why?

What's your favorite thing the human body can do and why?

What does home mean to you?

Post-Show Activities

Mapping our Movement

Migration is an integral part of human history. With a large map of the world, have the students show their family migration history if they are aware of it. Either draw the lines or mark them with pins and thread to where they've gotten today. Make sure to honour the First Nations and Indigenous youth and youth who are adopted and may not know their story. From this you can link to the next exercise and/or look at modern stories of migration and why people migrate.

Musical Time Traveling

In all cultures around the world, there are a few things that connect us all, and music has been one way that we've used since time immemorial to communicate our thoughts, our hopes, our fears, our prayers and our dreams. Have the students research a traditional instrument from their or another culture and make a drawing or print a picture of it. Then have them share with the rest of the class; How it was played? What was it made out of? What situations was it used for?
(Note: with children of multiple-ethnicities, let them know that they have more options to choose from, and they only have to pick one)

The Human Loop

Begin with a vocal warm up. Have the students connect with their breath buzz their lips and stretch their vocal chords by making low growly noises and moving to high sounds. Play with volume by using your hands to indicate loud and soft. Then have the students stand in a circle. Clap a simple beat and have the class step to the pulse. Then one by one have the students add a sound....let them know that anything goes, from animal sounds to cartoon sounds, to beautiful melodies and simple vocal percussion. Once the circle is done play with the volume, taking sections in and out and then slowly fade them out. The key is to have lots of fun with this!

A Reason to Rhyme

Play a hip hop song for the students. Have them identify the theme, what they liked or didn't like about the song and what lines stood out the most for them. Then have them think of an issue that they want to see change in their neighbourhood, country or in the world at large. From here, have them write at least 2 rhyming couplets and share back with the class. You can try this over an instrumental song and again have fun with putting rhyme to the time!!!

Post-Performance Discussion Questions

What are you taking away from the performance? What stood out for you?

What were some of the key themes of the RupLoops performance?

What are ways we can be generous with each other?

What does home mean to you?



Keep in Touch

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